



# Counselor Connection

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October 2020

## What does a school counselor do?

As a School Counselor, my primary responsibility is to promote the academic, career, and social/emotional development of **ALL** students.

Sometimes when the term "counselor" is heard, it is perceived that a counselor may only work with a select few students in a 1:1 counseling capacity, but that is not the case!

I meet with students individually and in small groups; conduct classroom lessons utilizing The Second Step Program, AutoBGood Character Videos, Xello and Career Cruising Programs; meet with parents; collaborate with teachers and staff; and consult with community organizations to benefit and meet the needs of **ALL** OEES students.

Please reach out if I can help your family in any way.

--Ms. Alfieri 



## Red Ribbon Week



**Red Ribbon Week** is the oldest and largest drug prevention campaign in the country and takes place each year during the last week of October. We will be observing **Red Ribbon Week** at Otto-Eldred Elementary School October 26th-30th. This year's national theme is "**Be Happy, Be Brave, Be Drug Free**". We have several fun, educational activities planned throughout the week to promote healthy choices.

### Students are encouraged to participate in the following theme days:

**Monday:** "RED-y" to Live Drug Free (wear red)

**Tuesday:** Don't Let Drugs Mix You Up (mix and match your outfit)

**Wednesday:** Team Up Against Drugs (wear favorite team apparel)

**Thursday:** It's Double the Fun to be Drug Free! (Twin Day—grab a friend or a group of friends and dress as twins)

**Friday:** Say Boo to Drugs! (wear white)

For additional resources for your family, please check out the following websites: [www.naturalhigh.org](http://www.naturalhigh.org) , [www.redribbon.org](http://www.redribbon.org), and [www.projectalert.com](http://www.projectalert.com)

### Character Trait of the Month

**August/Sept  
RESPECT**

**October  
RESPONSIBILITY**

**November  
THANKFULNESS**

**December  
GENEROSITY**

### September Students of the Month

Kallen Givan, Paisley Conner, Birch Woodruff, Tessla Mealy, Anna Wilcox, Kyle Hartzell, Sophia Schimp, Phillip Haun, Landon Coon, Marshall Brady, Joey Frederick, Maverick Kibble, Makenzie Evans, Cayden Rounsville, Brooklyn Pearce, and Isaiah Cover

### Super Star Squares

Each classroom has a chart with squares numbered 1-100. Students can earn squares from any adult in the building by showing good character. Random numbers are drawn throughout the week. Students whose names are written in the squares drawn, win prizes! All OEES students are Super 's!

“The time is always right to do what is right.” ---  
Martin Luther King, Jr.

# Counselor Connection...

October 2020



Mrs. Rhinehart  
OESD Social Worker

Mrs. Storer  
OEHS School Counselor

## AGE APPROPRIATE CHORES

### 2-3 YEARS

- PICK UP TOYS AND BOOKS
- PUT TRASH IN GARBAGE CAN
- PUT LAUNDRY IN HAMPER
- DUST
- PUT AWAY SILVERWARE
- WIPE BASEBOARDS
- FOLD RAGS AND DISHCLOTHS
- PUT CLOTHES IN HAMPER
- PUT CLOTHES AWAY IN DRAWERS

### 4-6 YEARS

- ALL PREVIOUS CHORES
- TAKE CARE OF PETS
- SET AND CLEAR THE TABLE
- MATCH SOCKS
- PUTTING AWAY GROCERIES
- MAKE BED
- WIPE DOWN DIRTY WALLS
- EMPTY TRASHES
- SWEEP WITH SMALL BROOM

PRINTABLE CHART  
AVAILABLE AT  
[THECRAFTINGCHICKS.COM](http://THECRAFTINGCHICKS.COM)

### 7-11 YEARS

- ALL PREVIOUS CHORES
- FOLD LAUNDRY
- SWEEP
- VACUUMING
- TAKE OUT TRASH
- WASH MIRRORS
- MEAL PLATE
- TAKE TRASHCAN TO CURB
- WEED FLOWERS / GARDEN
- CLEAN OUT THE CAR
- CLEAN TOILETS
- CLEAN ROOM
- ORGANIZE TOY ROOM
- BRING IN MAIL / NEWSPAPER

### 12+ YEARS

- ALL PREVIOUS CHORES
- MOW LAWN
- BABYSIT SIBLINGS
- WASH WINDOWS
- IRON
- WASH CAR
- COOK SIMPLE MEALS
- LAUNDRY
- MOP FLOORS
- CLEAN BATHROOM
- CLEAN OUT FRIDGE



## We are still in this together!

County Mental Health Hotline:  
**1-800-459-6568**

Crisis Hotline—The Guidance Center—  
**814-362-4623**

McKean County Human Services:  
**814-887-3350**

Student Assistance Program (SAP):  
**(814) 817-1380,**  
[kalfieri@ottoeldred.org](mailto:kalfieri@ottoeldred.org), or any school employee.



## Fire Prevention



Thank you to the Eldred Boro Fire Department, the Eldred Twp Fire Department, and the Otto Twp Fire Department who recently spent time sharing fire safety tips with our students.

