

OEEES TERROR TIMES

Stay informed. Stay connected.



Principal's Corner

Greetings!

We hope you enjoyed your scheduled parent/teacher conference and learned about your child's progress at school thus far. Our teaching staff is to be commended for their continued dedication to ensuring your child/children are having a productive learning school year.

An important reminder...

With colder months approaching, it's important to send your child to school with appropriate outdoor wear (hat, coat, gloves, etc.). Unless the temperature is below 35 degrees, students will go outside for recess.

With declining temperatures, we are likely to see snow. In the event that we have to delay or close, we will notify the community by School Messenger and post to our district's Facebook page. Please be sure that your contact information is up to date in the office so that you receive information by text and phone from School Messenger.

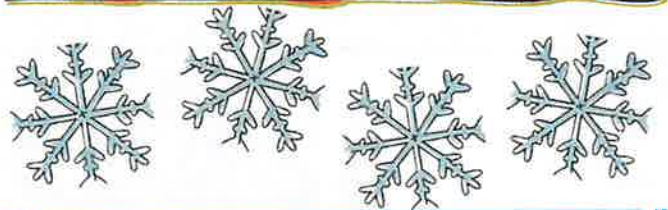
This time of year is one of the busiest. Please remember to take a minute for yourselves and your families. Take a break from the daily rush and enjoy the outdoors. We appreciate you and all that you do to support our school!

We are looking forward to a smooth and successful ending to 2024! Please remember to utilize our parent portal to stay current with your child's assignments, tests, and attendance. You can visit www.ottoeldred.org to learn more about parent access or contact Mrs. Suzanne Strait at sstrait@ottoeldred.org for assistance.

—Mrs. Nichole M. Garthwaite



Be sure to follow us on social media to **STAY INFORMED ABOUT UPCOMING EVENTS AND** to see our **monthly Student of the Month winners!**



Cafe' Corner:

REMINDER - SCHOOL DELAYS

We still serve breakfast on days with a delayed start time. No hot entree is offered, but there are plenty of other breakfast items available. Come in out of the snow and cold and join us for breakfast!



BIRTHDAY TREAT INFO

To order birthday treats for your child's class on their special day submit your order from the district webpage or through the link that was previously e-mailed to households. This service costs \$1.75 per classroom child and includes a decorative bag filled with a snack, a drink and a small prize (pencils, stickers, novelties) for your child and each of their classmates.

If you choose to send in treats on their special day, please be sure that they are store bought and individually wrapped items per our Wellness Policy.

Please feel free to reach out if you have any questions or concerns.

-Mrs. Krott, OESD Food Service Director
ckrott@ottoeldred.org

Library Corner:



Warm winter wishes from the library!

In November, we held our Fall Book Fair, and I am happy to say that it was a success! Many books were purchased, and students had the opportunity to view a wide variety of books!

Tis the season for traveling! With that thought, please remind your child to NOT take library books when traveling. Often, books leave and are not returned.

As we close out the 2024 year, please remind your child to take care of his/her books and return them when complete.

As always, please feel free to reach out if there are any questions or concerns!

-Mrs. Burkhouse, OES Librarian
rburkhouse@ottoeldred.org



SWEET TREAT Around the Circle

WEDNESDAY

4
DEC

5:30-6:30PM

BOOK STATION

WEAR PJ'S

CHRISTMAS TREAT

PICTURES

WITH SANTA

CRAFT STATION

Nurses' Nook:

Beat the
COLD & FLU
season



Your body is a germ fighter! How can you help your body fight germs???

- Wash your hands with soap and water
- Eat and drink healthy foods and drinks
- Stay away from anyone with a cold or the flu
- Visit your doctor and dentist regularly for checkups

If you have any questions or concerns, please contact the OEES health office (814-817-1380).

Mrs. Graham (OESD Nurse) sgraham@ottoeldred.org

Mrs. Beckham (OESD Nurse) bbeckham@ottoeldred.org

National Handwashing Awareness Week is the first week of December!

Washing your hands can help keep you healthy and prevent the spread of infections.

Wash your hands often, especially at these times:

- After coughing, sneezing, or blowing your nose
- After using the bathroom
- After playing outside
- Before eating
- After touching pets or their toys
- When hands are visibly dirty



Follow these steps to ensure you're washing your hands correctly:

1. Wet your hands with warm water
2. Get soap
3. Scrub your hands together for at least 20 seconds
4. Rinse your hands well under warm running water
5. Dry your hands with a clean towel

Reference: CDC

GOT SICK BUT FEELING BETTER?

When is it okay to return to school after an illness?

For coughs, colds and similar ailments, students' symptoms should be improved enough that learning is not disrupted.

For fevers and stomach ailments, students must be symptom-free for 24 hours before returning to school.

Student medication must be kept in the office with an up-to-date Medication Form. This includes pain relievers, OTC & prescribed medications.



ANN'S ATTIC: Ann Palmer, a retired first grade teacher, started a fund to provide clothing and other essential items for our students. It was her wish that students be provided for as needed. A short time after her retirement she was killed in a car accident. The Health Office often receives donations of new and gently used clothing, shoes, coats, hats, gloves, hygiene items and much more to be passed on to students. Ann's Attic has been used over the past several years for the needs of our students and has expanded to include a "closet" at the elementary and high school with the donated items available to anyone! Children grow so fast so why not help each other out? Think of it as a garage sale where everything is free.

SLEEP BENEFITS



Recommended Amount of Sleep for Pediatric Populations*

Age	Recommended Sleep Hours per 24 Hour Period
Infants: 4 to 12 months	12 to 16 hours (including naps)
Toddlers: 1 to 2 years	11 to 14 hours (including naps)
Preschoolers: 3 to 5 years	10 to 13 hours (including naps)
Gradeschoolers: 6 to 12 years	9 to 12 hours
Teens: 13 to 18 years	8 to 10 hours

*The American Academy of Pediatrics (AAP) has issued a Statement of Endorsement supporting these guidelines from the American Academy of Sleep Medicine (AASM).

Source: Paruthi S, Brooks LJ, D'Ambrosio C, Hall W, Kotagal S, Lloyd RM, Mellow B, Masti K, Nichols C, Quan SF, Rosen CL, Troester MM, Wise MS. Recommended Amount of Sleep for Pediatric Populations: A Statement of the American Academy of Sleep Medicine. *J Clin Sleep Med.* 2016 May 25; pii: jc-00158-16. PubMed PMID: 27250809.

7 Surprising Facts About Reading

1. Reading **reduces stress by 68%**.
2. When children have a home library, as little as **20 books** of their own, they achieve **3 more years** of schooling than children who don't have any books at home.
3. Read **20 minutes a day** and you'll read **1,800,000 words** per year.
4. Children who read **1,000,000 words a year** are in the **2% of reading achievement**.
5. Children **learn 4,000 to 12,000 words** per year through reading.
6. Kids in classrooms without classroom libraries read **50% less than** kids in classrooms with libraries.
7. If you read just one book a day to your child, they will have been read **1,825 books** by their 5th birthday.

Otto-Eldred School District does not discriminate on the basis of sex, and prohibits sex discrimination, including sex-based harassment, in any education program or activity that it operates, as required by Title IX of the Education Amendments of 1972, 20 U.S.C. §§1681 *et seq.*, and its regulations, 34 C.F.R. Part 106. Individuals may report concerns or questions to the District's Title IX Coordinator, Mr. Nicholas Labella, at nlabella@ottoeldred.org. The District's full Title IX Notice of Nondiscrimination is located at <https://www.ottoeldred.org/Title-IX-Information>.